## CHAPTER 75-09.1-04 MEDICALLY MONITORED INTENSIVE INPATIENT TREATMENT ADULT ASAM LEVEL III.7

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**75-09.1-04-01. Definition.** As used in this chapter, "medically monitored intensive inpatient treatment" means a substance abuse treatment program that provides a planned regimen of twenty-four-hour professionally directed evaluation, observation, medical monitoring, and addiction treatment in an inpatient setting. This program is appropriate for a client whose subacute detoxification, withdrawal, biomedical, and emotional, behavioral, or cognitive problems are so severe that they require inpatient treatment but who does not need the full resources of an acute care general hospital or a medically managed inpatient treatment program.

**History:** Effective October 26, 2004.

General Authority: NDCC 50-06-16, 50-31

Law Implemented: NDCC 50-31

**75-09.1-04-02. Provider criteria.** A medically monitored intensive inpatient treatment program shall:

- 1. Offer twenty-four-hour skilled nursing care, daily onsite counseling services, and a physician's services twenty-four hours per day seven days per week;
- 2. Make available specialized professional consultation; and
- 3. Offer the inpatient treatment program for seven days per week with the length of stay to be determined by a client's condition and functioning.

History: Effective October 26, 2004.

General Authority: NDCC 50-06-16, 50-31

Law Implemented: NDCC 50-31

**75-09.1-04-03. Program criteria.** A medically monitored intensive inpatient treatment program shall provide:

- 1. A combination of individual and group therapy as deemed appropriate by an assessment and treatment plan;
- Medical and nursing services available onsite to provide ongoing assessment and care of acute detoxification needs, medical, and psychiatric problems;

- 3. A system for referral of clients for identified treatment needs if the service is not available in the program;
- 4. Family treatment services as deemed appropriate by an assessment and treatment plan; and
- Educational and informational programming adapted to individual client needs.

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**75-09.1-04-04. Admission criteria.** Before a medically monitored intensive inpatient program may admit a client, the client shall:

- Meet diagnostic criteria for a substance dependence disorder of the DSM; and
- 2. Meet specifications in at least two of the six ASAM dimensions, at least one of which is in dimension one, two, or three as in the following criteria:
  - a. The client is experiencing signs and symptoms of acute withdrawal or there is evidence that a severe withdrawal syndrome is imminent or there is a strong likelihood that the client who requires medication will not complete detoxification at another level of care and enter continued treatment or self-help recovery;
  - b. The client has a physical condition or complication impacting immediate safety or well-being;
  - C. The client has a psychiatric condition or complication impacting immediate safety or well-being;
  - d. The client exhibits severe impairment in significant life areas such as legal, family, or work;
  - e. The client exhibits significant loss of control and relapse symptoms; or
  - f. The client has had multiple attempts at treatment programs of lower intensity with an inability to stay sober.

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